## How to set and achieved a SMART goal as a Christian youth.

## TIME TO IMPACT MY GENERATION IN CAMEROON

Many of us as youth today grow up with big dreams of becoming great people in life. In our mind we think of becoming a teacher, pastor, doctor, engineer, good house wife, having a big house etc. This is what we call life goal and now the question is “do you finally have all this thing that you have been hoping for? If no, why have you not achieved them. Let us ask ourselves the question

What is a life goal and why are some goal life goal call SMART goal? Life goal are things yo u will like to work on and achieved in order to be satisfied with your future and who you become.

**SMART GOAL**

A goal might be to hold a weekly project meeting with the key members of your team or to organize and run a continuous test programmed throughout the project.

The acronym SMART has several slightly different variations, which can be used to provide a more comprehensive definition of goal setting

### *Specific*

* Well defined
* Clear to anyone that has a basic knowledge of the project

*Measurable*

* Know if the goal is obtainable and how far away completion is
* Find out when you have achieved your goal

*Agreed Upon*

* Agreement with all the stakeholders what the goals should be

*Realistic*

* Within the availability of resources, knowledge and time

*Time-Based*

* Enough time to achieve the goal
* Not too much time, which can affect project performance

### **Some examples of life goal**

Career passion and personal satisfaction; When people set goals, they almost always look towards their careers first. That is a mistake, but that’s not to say your career isn’t important, because it certainly is. Are you a workaholic? On the flip side, are you lazy and uninspired? Once again, balance is required to fully reach your career potential, no matter what it is you do. Employers respond very positively to employees they can trust. Healthy attitudes, strong aptitude, and good people skills are essential to get ahead. The 10-year goal here should be to passionately enjoy your chosen profession while maintaining excellent balance between home and work

**Educational gaol**

Every day lived is another piece of your education. What are you doing with the knowledge you have absorbed? 10 years from now you will not be the same man and have the same thoughts. That process needs to be focused and nurtured. Do not fear change, because it’s going to come anyway. Embrace it and shape it instead. Set your goals so that 10 years from now you are wiser, more adaptable and more complete.

## **Expanding and Growing Faith (spiritual goal)**

With all due respect to the readers who consider faith a silly notion, I believe it is the most important item on this list. Without faith, a deep belief in meaning and purpose greater than you, this whole list is pretty much pointless. If there is nothing greater and nothing beyond, then who really cares about any of this? Start and finish your 10-year planning based on growing your faith and becoming the man God created you to be.

**Financial Stability;** Getting your “financial house” in order is an essential priority in your 10-year planning. [Strive to lower or eliminate your debt.](https://allprodad.com/facing-financial-problems-with-resolve/) Increase your savings and build your family security. Check out All Pro Dad friend Dave Ramsey for great advice in this area.

**Marriage and Family Harmony; As** you are determined to success in your marriage you need not to just get up one morning and say is time to get. You need prayer and planning and you also need to set a goal and know what you are looking for in a man or woman. Maintaining and expanding as well as restoring and healing in this area should absolutely be a top priority in your personal goals. Pinpoint the relationships in the direst condition. It could be your marriage is in severe trouble. Possibly your relationship with your ex-wife creates great pain in your entire family. Perhaps it’s effective communication issues with your children. Wherever the danger points are, the goal is to determine them and devise a plan for resolving the issues. Be sure to highlight where you have succeeded as well, and how you might grow those seeds elsewhere. The goal is a family living in peace and harmony.

To end this lesson, we will be saying that nor matter how smart your goal is or nor matter you take time to plan God remain our final and master planning. Depend totally on him and he will make you to succeed and become great in life. Some great people whom we admire today started somewhere before are where they are today. I pray that God will take each of us to the expected end and many other people will be blessed through us.

Prepared and presented

By

***Mr./Mrs. Maduku PatDerick***